

BAJ's Cycling Club

"Nothing compares with the simple pleasure of a bike ride." "Ride to live. Live to ride." **"Life is like riding a bicycle. To keep your balance, you must keep moving."** 2024



See the Cities....Enjoy the fresh air....Stay in shape....Join fellow BAJ'ers for a few hours of biking. We will bike only on paved bike paths around the metro area. We will bike every Wednesday at 9 am. We finish around 11. Our tentative schedule is: (This schedule is subject to change. Changes will be reported to bike group members via emails.)

<i>Date</i>	<i>Where</i>	<i>Meet at:</i>
May 1	Minnehaha Parkway west to the lakes (10 miles)	Minnehaha Falls
May 8	Pine Bend Trail south to Pine Bend Cemetery	Rock Island Swing Bridge In.Gr Hts
May 15	Minneapolis 4 Lakes Area (13 miles)	Mt. Olivet Parking Lot (50 th & Knox)
May 22	Lake Harriet to Downtown Mpls	Lake Harriet Bandshell
May 29	Round trip on both sides of the Mississippi to downtown	Minnehaha Falls (14 miles)
June 5	West River Rd to Greenway to Vikings Stadium	Minnehaha Falls (13 miles)
June 12	Hopkins Depot to Lake Minnetonka (17 miles)	Hopkins Depot
June 19	Hopkins Depot to downtown Mpls (20 miles)	Hopkins Depot
June 26	Shepard Road to downtown St. Paul (10 miles)	Shepard Rd & 35E
July 3	Richfield to Eagan (has a major hill)	Taft Park in Richfield near Home Depo
July 10	Around airport and Fort Snelling	Minnehaha Falls
July 17	Mendota Hgts to downtown St. Paul	Mendota Hgts Rd & Sibley Mem. Hwy
July 24	Tour de Shakopee	Veterans Park Shakopee
July 31	Bloomington Tour (12 miles)	Ridgeview Elem. School
August 7	West River Rd to Greenway to lakes back to Falls	Minnehaha Falls
August 14	North Mpls to Coon Rapids Dam (20+ miles)	Webber Park
August 21	Richfield to 100 and beyond (20+ miles)	Woodlake Nature Center in Richfield
August 28	Shakopee to Chaska (17 miles)	Veterans Memorial Park
September 4	Medicine Lake Ride	Theo Wirth golf course
September 11	Bloomington to Lake Nokomis and back	Eagles Club parking lot
September 18	Rock Island Swing Bridge to downtown StPaul	Rock Island Swing Bridge Br
September 25	Bloomington to Shakopee and back	Blmgton Ferry Bridge park lot

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